

Appetizers

Hummus  
Crushed chickpeas with tahini, olive oil,
lemon juice and garlic.....CHF 8.00

Mirza Ghasemi 
Chopped eggplant, cooked with tomato, garlic,
Saffron, olive oil, egg and persian spices.....CHF 10.00

Borani 
Sautéed baby spinach with greek yoghurt and
persian spices.....CHF 8.00

Kookoo Potato 
A traditional persian Rösti with egg
and turmeric.....CHF 8.00

Kookoo Sabzi 
Vegetable mix finely minced and combined
with spices, coriander and dill.....CHF 10.00

Kashk-e Bademjan 
Baked eggplant with spiced yoghurt,
Saffron and onions.....CHF 12.00

Persian style Olives  
Large green olives marinated with pomegranate,
walnut and herbs.....CHF 12.00

Salad-e Schiraz  
Cucumber & tomato salad. With onion,
lemon juice and olive oil.....CHF 6.00

Pomegranate Salat  
Pomegranate seeds mixed with lemon
and walnut paste.....CHF 10.00

Baba Ghanoush  
Minced eggplant, cooked with tahini,
cumin and fresh coriander.....CHF 6.00

Soup Morgh
Chicken soup with persian spices.....CHF 8.00

Mast-o-Musir
Yoghurt Dip with garlic.....CHF 6.00

Persian Specialties

Chicken Tah Chin

Crispy golden saffron rice cake
filled with chicken breast, yoghurt, egg
and barberries.....CHF 37.50

Veggie Tah Chin

Crispy golden saffron rice cake
filled with green beans, onions
and chopped vegetables.....CHF 35.50

Dizi (Abgooscht) (Available Fridays & Saturdays)

Meat and chickpea soup with potatoes and tomatos.
With Persian homemade bread, accompanied by
salad-e Schiraz and Torshi and served on traditional stoneware CHF 35.00

Mezze Teller

The favorite combinations

Mama Veggie Mezze

Combination of the 7 most popular
cold and warm vegetarian
appetizers. Served with rice.

Mama Grill Mezze

Combination of the 6 most popular
cold and warm appetizers accompanied by
a grilled skewer. 1 skewer of your choice
per person: Beef or Chicken.
Served with Rice.

Mama Vegan Mezze

Combination of the 7 most popular
cold and warm vegan
appetizers. Served with rice.

Per Person.....CHF 30.00
For 2CHF 52.00
For 3CHF 78.00
For 4CHF 110.00

Per Person.....CHF 37.50
For 2CHF 73.00
For 3CHF 110.00
For 4CHF 145.00

Per Person.....CHF 30.00
For 2CHF 52.00
For 3CHF 78.00
For 4CHF 110.00

Grill Specialties

All grilled dishes are served with bread, grilled tomatoes and saffron rice.

Kubideh Kabab (Handmade ground beef skewer)
The meat is marinated for 24 hours with
persian spices to reach the perfect taste.

(2 Skewers - 250 gr beef).....CHF 31.00

Soltani Kabab

Skewer with pieces of beef and lamb
(2 Skewers - Kubideh and Barg).....CHF 48.00

Vaziri Kabab

1 Kubideh skewer and 1 Joojeh skewer.....CHF 35.00

Joojeh Kabab (Marinated chicken breast)
Special sauce with olive oil, lime juice, chopped
onion, saffron and other persian spices.

(1 Skewer - 200 gr chicken).....CHF 29.00

Barg Kabab

A skewer of thinly sliced, tender beef fillet.
(1 Skewer - 200 gr beef fillet).....CHF 42.00

Mama Mix Grill Teller (XXL)

6 Skewers: 2 Kubideh, 2 Joojeh, 2 Barg
with saffron rice.....CHF 195.00

Stews

Some of the stews are only available on
certain days of the week.

Khoreshtkado (Available Fridays & Saturdays)

With beef or lamb.
Cooked with onion, tomato puree
and zucchini.....CHF 29.00

Khoreshtbamie (Available Wednesdays & Thursdays)

With lamb.
Cooked with onion, tomato puree
and cardamom.....CHF 29.00

Bademjan (Sia Kabab) (Wednesday & Thursday)

Eggplant cooked in a sweet pomegranate-walnut
sauce.....CHF 25.00

Ghormeh Sabzi (Available daily)

Aromatic sauce of spinach, parsley, coriander,
dill, chives, fenugreek leaves and spring onions.
With red beans, juicy beef and
sour dried limes.....CHF 28.00

Gheimh (Available Fridays & Saturdays)

Finely diced beef or lamb with yellow peas,
tomatoes, sun-dried lime and saffron.....CHF 28.00

Gheimh Bademjan (Available Fridays & Saturdays)

Finely diced lamb with yellow peas,
tomatoes, sun-dried lime and saffron.....CHF 32.00

Meat declaration:

Beef and lamb - Switzerland

Chicken - Switzerland / Austria